



VOLLEYBALL
CCJ



CCJ OPEN GYM STRUCTURE

Open gyms will be July 6th-9th and will have two sessions. 12s-13s will be 6:00 PM-8:00 PM. Open gyms are a great opportunity for your player to come in and get to meet some of our CCJ club coaches and get feedback from them. Open gyms will be a mix of drills and gameplay. We will also do one day where we will run the tryout plan for them to make them feel a bit more comfortable going into Day 1 of tryouts.



CCJ TRYOUT STRUCTURE

This year CCJ tryouts will be a two day tryout. We feel this will give us more time to see players and in more gameplay situations. Day 1 will be primarily focused on each skill then move into a drill based format. Day 2 will be gameplay focused to allow coaches to get a more holistic picture of the player's abilities in a full team setting.



14 GIRLS ----- 1ST PLACE

5-0 RECORD

SRVA MEMBERSHIP UPGRADE

All players trying out will need an SRVA membership for tryouts. They have two options: a tryout memberships and a full season membership. Either will work for tryouts but if you get a tryout membership and make a team you will have to upgrade to a full membership. You can get your SRVA membership via this link:
<https://www.srva.org/page/show/6577558-purchasing-a-membership-instructions>.

CCJ

PLAYER PROFILE

CCJ's player profile on the website is important to keep updated. Please make sure your child's date of birth is correct because it is used to determine which age group they are allowed by USA Volleyball to compete in. If your child has taken the ACT/SAT please make sure to update their scores. Please also take a moment to put any volleyball awards in the awards section so it will show on our recruitable athletes page. We will be doing headshots of the girls to make sure we have good, consistent pictures for the website. We will also be doing their jump tests, reach, wingspan measurements, etc.



capitalcityjuniors.com

CCJ: Admin... Capital City... Meta Busin... Facebook Current Me... Projects -... 14s-18s Pa... Day 1 4s-1... 2023 14s-1... 14s-18s Pa... My Teams /... SportWren... This Is Lind...

MENU My profile Sign out Contact Us Home Calendar

Welcome! Manage your profile

You are signed in as:


Primary parent: test test m@m.com Home: 773-333-3342 Work: 773-333-3342 Cell: 773-333-3342	Secondary parent:
--	--------------------------

Billing address:
317 Putnam Ave
Brooklyn NY 11211

Secondary parent:

Emergency contact info:
Test
()
773-333-3342

MY DEPENDENT ATHLETES:


Jenny Test
USAV age: 26

OPTIONS:

- [Update your profile](#)
- **Update your dependent players:**
 - **Jenny Test** USAV age: 26
 - [Add a new dependent player](#)
- **Register a player for camps, clinics, programs, or tryouts**
Use the USAV age classification to know which tryouts and other programs are appropriate
- **None of your dependent players are currently registered for camps, programs, or tryouts**
- **Order uniform package for:**
- **Current invoices and payments (0) [Pay total balance](#)**
- Past transactions (0)
- Recurring billing / automatic payment preferences
- [Sign out](#)

RECURRING BILLING AND AUTO PAY

MY DEPENDENT ATHLETES:



Testy Patterson

USAV age: **11**

[Rotate photo](#)

OPTIONS:

- [Update your profile](#)
- [Update your dependent players:](#)
 - [Testy Patterson](#) USAV age: **11**
 - [Add a new dependent player](#)
- [Register a player for camps, clinics, programs, or tryouts](#)
Use the USAV age classification to know which tryouts and other programs are appropriate
- [Show existing registrations \(1\)](#)
- [Current invoices and payments \(2\)](#)
- [Past transactions \(2\)](#)
- [Recurring billing / automatic payment preferences](#)
- [Sign out](#)

• When you created your profile, you agreed to the terms of our club's [linked Waiver/Photo Release](#), which may be updated from time to time. Our linked Waiver/Photo Release was last updated on February 2, 2021.

CCJ FEES

Initial payments for 12-18s will be due August 15th.

Team Type	August	December	January	February	March	April	Total
National Teams	\$700	\$460	\$460	\$460	\$460	\$460	\$3,000
Regional Teams	\$632	\$405.60	\$405.60	\$405.60	\$405.60	\$405.60	\$2,660



CCJ FINANCIAL AID

CCJ has financial aid available for families that would like to play CCJ but may need some assistance. Financial Aid packets can be requested by emailing Smith Ann at director@capitalcityjuniors.com. CCJ selects financial aid by need. We will also have a Vertical Raise fundraiser that will help you reach out to family, friends, coworkers, etc. to help raise money. Vertical Raise will be 85% to the player and 15% to Vertical Raise for running the fundraiser.



STAY TO PLAY INFORMATION

For stay to play tournaments all families must stay in a stay to play hotel that is from THS or TTS depending on the tournament. CCJ will not require everyone to stay in the same hotel as a team, but each parent must go to THS or TTS (depending on the housing provider for the tournament to make the reservations. Both providers have a wide range of hotels that range in prices and distance to the venue. Parents must make sure that this is completed as soon as they get the approved tournament list. A link will be sent out that allows you to book the hotel and choose the team your player is on. If you do not book through THS or TTS it puts the team at risk of falling below the required room nights and being dropped from the tournament. Stay to play will be many tournaments throughout the season especially any national level event so it is imperative all of this is complete as soon as the tournament list is approved.

CCJ Coaches



Smith Ann Burley
12s
Head Coach



KJ Ledyard
13s
Head Coach

CCJ Coaches



Lex McInroy
14s
Head Coach



Kayla Smith
15s
Head Coach

CCJ Coaches



KJ Ledyard
16s
Head Coach



Tenesha Williams
17/18s
Head Coach

PRACTICE

INFORMATION

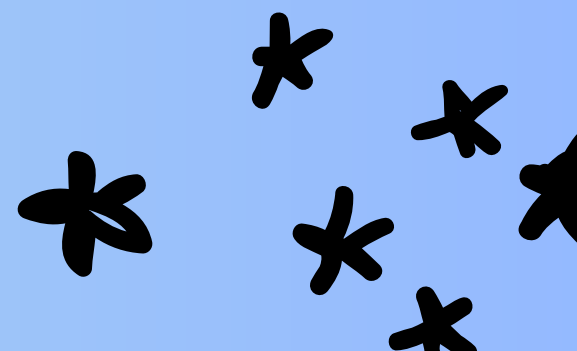


Practices for 14s-18s will be two days during the week (Monday-Thursday) and one weekend day (Friday-Sunday). Practices for the 14s-18s are typically from 7 PM-9 PM on week days and then another 2 hour time slot either Friday-Sunday. Practices 12 and 13 will be the same format but many will be from 5 PM-7 PM. Practices are closed to parents unless the team is scrimmaging. Coaches will communicate with parents when scrimmages are planned so they can come watch.

Tournaments

- 1/9–1/10 Southern Invitational– Birmingham, AL
13s–18s National Teams Only
- 2/6–2/7 Bama Brawl– Montgomery, AL
- 3/26–3/28 Big South– Atlanta, GA (Split between
& 4/2–4/4 2 weekends age group dependent)
- 5/1–5/2 SRVA Regionals – Atlanta, GA

*All tournaments are TBD until we get accepted into the tournaments. Each team will have 6 tournaments.

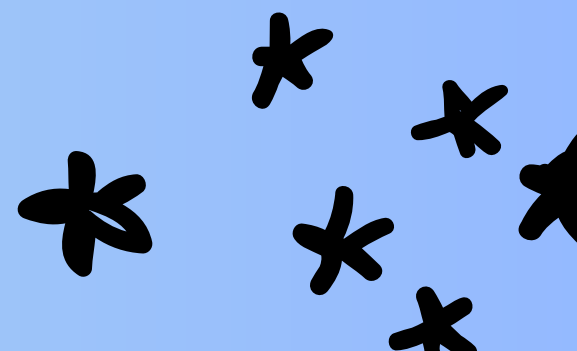


Tryout Times



Age Group	Day 1 Check-In Time	Day 1 Tryout Time	Day 2 Check-In Time	Day 2 Tryout Time
11s-13s	7/11/26 9:00 AM-9:45 AM	7/11/26 10:00 AM-12:00 PM	7/12/26 1:00 PM-1:45 PM	7/12/26 2:00 PM-3:45 PM

Age Group	Day 1 Check-In Time	Day 1 Tryout Time	Day 2 Check-In Time	Day 2 Tryout Time
14s & 15s	7/11/26 4:00 PM-4:45 PM	7/11/26 5:00 PM-7:00 PM	7/12/26 3:45 PM-4:45 PM	7/12/26 5:00 PM-6:45 PM
16s-18s	7/11/26 1:00 PM-1:45 PM	7/11/26 2:00 PM-4:00 PM	7/12/26 3:45 PM-4:45 PM	7/12/26 5:00 PM-6:45 PM



IMPORTANT DATES

- 1 Open Gyms July 6th-9th 6:00 PM-8:00 PM
- 2 Tryouts July 11th-July 12th
- 3 Initial Payments Due August 15th
- 4 First Practices Begin November 30th

THANK YOU.

TEAM INFO



Email:

Smith Ann Burley- director@capitalcityjuniors.com

Lex McInroy- programs@capitalcityjuniors.com



Address :

5334 Atlanta Highway Montgomery, AL 36109

